

SPECIAL EVENT



Partner Yoga

with Sharon Walther and Joie Mucha

Saturday, September 15 from 1:00-3:00pm

\$60/couple if registered before September 12, \$70 thereafter

Yoga poses built for two!

Get ready to have some fun with yoga poses built for two. Explore your favorite poses in a new way using partnering techniques that allow you to experience stretches and movements that might be hard to achieve on your own. Partner yoga is a wonderful practice of trust and communication. Sharon and Joie will guide you through gentle warm-ups that will naturally progress into more active and playful poses that you and your partner can do together. If you're curious how your yoga practice can enrich the connection you have with someone you care about, you'll love Partner Yoga! No previous yoga experience is required. Pre-registration is required.

Sharon Walther

Sharon completed her first yoga certification in 2004 from Eight Limbs Yoga Center and her 500 hour certification through The Temple of Kriya Yoga in June of 2006. She continues to pursue a deeper knowledge of all yoga disciplines. With her passion for Anatomy and Physiology, Sharon continues to be enthralled with the astounding benefits of yoga on the mind and body.



Joie Mucha

Joie completed her Hatha yoga certification with Sharon in 2004 from Eight Limbs Yoga Center. She has also studied various styles of yoga, including Anusara, Ashtanga, Iyengar and Yoga for Children as well as Eastern and Western Herbalism. She draws on her knowledge from these traditions to create a serene environment in which to practice yoga as a moving meditation.



To Register, fill out form below and mail or drop off at Bloom's front desk, call, or register on-line at <http://www.bloomyogastudio.com/register>

PARTNER YOGA REGISTRATION FORM

Name _____
Address _____
City/State/ZIP _____
Phone _____
Email _____

METHOD OF PAYMENT

Cash

Check

VISA, MC, or AMEX

Credit Card

Amount _____

Name on Card _____

Credit Card # _____

Expiration date _____

Signature _____

Bloom Cancellation Policies: Full payment reserves your space. Workshop fees are non-transferable and non-refundable. If you cancel more than 24 hours prior to the beginning of the workshop, your payment may be transferred to a studio credit that you can use for any Bloom Yoga Studio product or service. Studio credits have no expiration date. If you cancel less than 24 hours prior to the beginning of the workshop, you forfeit your payment.

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