

SPECIAL EVENT



Mama & Baby Belly Dancing with Malik Turley

**6-week session: June 24 - July 29
Tuesdays from 11:15am - 12:30pm
\$75 if registered by June 21, \$90 thereafter**

Learn Belly Dancing in a relaxed, welcoming environment while wearing your baby! You'll learn an ancient art form that is also a great postpartum workout. Your baby will love the movement and the music, you'll love the workout and connecting with other moms. Previous dance experience is not necessary. Please dress in comfortable, standard workout attire and get ready to move! Babies need to be worn in a sling or carrier.

Pre-registration is required and space is limited.

Malik Turley:

After having 2 children and while pregnant with her third, Malik had the opportunity to attend a friend during labor. That experience inspired her to become a birth doula and enabled her to find and live her passion – helping parents and children. Working with moms in labor and watching their natural movements led Malik to explore belly-dancing as a way to enhance her doula practice and fell in love with the art-form. She has been dancing on her own and with clients ever since, using a variety of styles to help women find the thrill of learning about their bodies through movement.



To Register, fill out form below and mail or drop off at Bloom's front desk, call, or register on-line at <http://www.bloomyogastudio.com/register>

JUNE MAMA & BABY BELLYDANCING REGISTRATION FORM

Name _____
Address _____
City/State/ZIP _____
Phone _____
Email _____

METHOD OF PAYMENT

Cash
 Check
VISA, MC, or AMEX Credit Card

Amount _____
Name on Card _____
Credit Card # _____
Expiration date _____
Signature _____

Bloom Cancellation Policies: Full payment reserves your space. Workshop fees are non-transferable and non-refundable. If you cancel more than 24 hours prior to the beginning of the workshop, your payment may be transferred to a studio credit that you can use for any Bloom Yoga Studio product or service. Studio credits have no expiration date. If you cancel less than 24 hours prior to the beginning of the workshop, you forfeit your payment.

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