

SPECIAL EVENT



Breastfeeding & The Working Mom with Malik Turley

Thursday, March 20 from 6:30-8:30 pm | \$50/couple

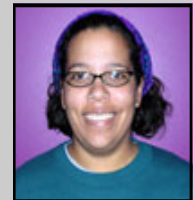
This workshop is designed for parenting families where the nursing mom is planning to (or thinking about) work outside the home, this class covers the ins and outs of meeting your baby's breastfeeding needs. Learn how to prepare for your return to work – including how to's for pumping, introducing the bottle, and preparing for the first week away from baby. Get valuable tips for once you're back on the job, such as how to manage pumping at work, maintain your supply, and handle separation from baby. Get the big picture as you plan for pumping and working throughout the first year of baby's life. This workshop is essential for the working and breastfeeding mother.

Space is limited. Pre-registration is required and space is limited.

To Register, fill out form below and mail or drop off at Bloom's front desk, call, or register on-line at <http://www.bloomyogastudio.com/register>

Malik Turley

After having 2 children and while pregnant with her third, Malik had the opportunity to attend a friend during labor. That experience inspired her to become a birth doula. Gradually she added other parenting-focused services, enabling her to find and live her passion – helping parents and children. Malik is a DONA trained doula, a founding member of Northeastern Illinois Doulas Association, a CAPPa trained Childbirth Educator, a La Leche League trained counselor. She worked and breastfed with



MARCH BREASTFEEDING & THE WORKING MOM REGISTRATION FORM

Name _____

Address _____

City/State/ZIP _____

Phone _____

Email _____

| | |
|--------------------------|--|
| METHOD OF PAYMENT | <input type="checkbox"/> Cash |
| | <input type="checkbox"/> Check |
| | VISA, MC, or AMEX <input type="checkbox"/> Credit Card |

Amount _____

Name on Card _____

Credit Card # _____

Expiration date _____

Signature _____

Bloom Cancellation Policies: Full payment reserves your space. Workshop fees are non-transferable and non-refundable. If you cancel more than 24 hours prior to the beginning of the workshop, your payment may be transferred to a studio credit that you can use for any Bloom Yoga Studio product or service. Studio credits have no expiration date. If you cancel less than 24 hours prior to the beginning of the workshop, you forfeit your payment.

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